

# Blue Mountains District Rugby Football Club



## BLUEYS NEWS

### 2010 Coaching Staff

The following have been appointed:

1<sup>st</sup> Grade coaches: David Twomey Ph: 0437 700 971, & John Daniels Ph: 0403 758 427

2<sup>nd</sup> Grade coaches: Tom Pitman Ph: 0418 469 151, & Darren Thomas Ph: 0413 383 938

3<sup>rd</sup> Grade coach: Brett Smith Ph: 04055 506 626

4<sup>th</sup> Grade coach: Matt Bell Ph:0410552721 & Chantz Macarthur Ph: 0416123537

### 2010 Committee

President     Maurice Kerkham  
                  PH 0402 402783  
                  email: [mauricekerkham@hotmail.com](mailto:mauricekerkham@hotmail.com)

Secretary     Jeff Apps  
                  PH 0437572017  
                  email: [jeffro76@live.com](mailto:jeffro76@live.com)

Treasurer     Damian Smith  
                  PH0414485640  
                  email: [damian.smith@cba.com.au](mailto:damian.smith@cba.com.au)

### Pre Season Training

The coaching staff have already been hard at work planning for the 2010 season

Pre-season structural training has commenced from 6:30pm on Mondays and Wednesdays under the guidance of George Flytynogiannis.

The official start of training will commence on Monday 1<sup>st</sup> of March at 6.30pm. Wednesdays will commence at 7pm.

Venue: Lapstone Oval Explorers Rd Lapstone

### Juniors

The club will continue Juniors and are looking to expand in 2010

Information about Juniors can be obtained on their newly established web site [www.bluemountains.rugby.net.au](http://www.bluemountains.rugby.net.au) .

For further information on Juniors contact David McCulloch: 0414536942 or Rod Sargeant 0404091741

## Match Day Assistance

As some of you may be aware, we are required by the Union to have a certain number of club members qualified as referees and touch judges, and these people are to be available to officiate during matches when required.

Accordingly, the Union offers courses to those members who wish to gain a referee/ touch judge qualification. These courses are held on certain dates at several locations, usually during the first half of the season.

If any one is interested in becoming a touch judge or first aider. The club will cover the cost of the course. The more people who we get qualified the better, as it always seem to be the same 3 or 4 people running the line each week and would be great to other guys get involved.

So if you are interested contact Jeff Apps PH 0437 572 017 for further details.

## 2010 Draw

<b>Round 1</b>		<b>10<sup>th</sup> April</b>	
Hawkesbury Valley	V	Merrylands	McQuade Park
Blue Mountains	V	Balmain	Lapstone Oval
UWSH	V	Brothers	College Oval
Epping	V	Blacktown	Somerville Oval
Petersham	V	Hills	Camperdown Oval
<b>Round 2</b>			
<b>Round 2</b>		<b>17<sup>th</sup> April</b>	
Balmain	V	Hawkesbury Valley	Blackmore Park
Merrylands	V	UWSH	Holroyd Sports Ground
Brothers	V	Blue Mountains	Roseville Chase Oval
Blacktown	V	Petersham	Charlie Bali Reserve
Hills	V	Epping	Yattenden Oval
<b>Round 3</b>			
<b>Round 3</b>		<b>24<sup>th</sup> April</b>	
Petersham	V	Merrylands	Camperdown Oval
Blue Mountains	V	Epping	Lapstone Oval
Balmain	V	Brothers	Blackmore Park
UWSH	V	Blacktown	College Oval
Hawkesbury Valley	V	Hills	McQuade Park
<b>Round 4</b>			
<b>Round 4</b>		<b>1 May</b>	
Epping	V	Hawkesbury Valley	Somerville Oval
Merrylands	V	Blue Mountains	Holroyd Sports Ground
Petersham	V	UWSH	Camperdown Oval
Brothers	V	Blacktown	Roseville Chase Oval
Hills	V	Balmain	Yattenden Oval
<b>Round 5</b>			
<b>Round 5</b>		<b>8<sup>th</sup> May</b>	
Hawkesbury Valley	V	Petersham	McQuade Park
Blue Mountains	V	UWSH	Lapstone Oval
Blacktown	V	Balmain	Charlie Bali Reserve
Epping	V	Brothers	Somerville Oval
Hills	V	Merrylands	Yattenden Oval
<b>Round 6</b>			
<b>Round 6</b>		<b>15<sup>th</sup> May</b>	
UWSH	V	Hawkesbury Valley	College Oval
Merrylands	V	Epping	Holroyd Sports Ground
Blacktown	V	Blue Mountains	Charlie Bali Reserve
Balmain	V	Petersham	Blackmore Park
Brothers	V	Hills	TBC



<b>Round 15</b>				<b>24<sup>th</sup> July</b>			
Hawkesbury Valley	V	UWSH	McQuade Park				
Epping	V	Merrylands	Somerville Oval				
Blue Mountains	V	Blacktown	Lapstone Oval				
Petersham	V	Balmain	Camperdown Oval				
Hills	V	Brothers	Yattenden Oval				
<b>Wet Weather Week</b>				<b>31<sup>st</sup> July</b>			
<b>Round 16</b>				<b>7<sup>th</sup> August</b>			
Blue Mountains	V	Hawkesbury Valley	Lapstone Oval				
Balmain	V	Merrylands	Blackmore Park				
UWSH	V	Epping	College Oval				
Brothers	V	Petersham	TBC				
Blacktown	V	Hills	Charlie Bali Reserve				
<b>Round 17</b>				<b>14<sup>th</sup> August</b>			
Hawkesbury Valley	V	Brothers	McQuade Park				
Merrylands	V	Blacktown	Holroyd Sports Ground				
Petersham	V	Blue Mountains	Camperdown Oval				
Balmain	V	Epping	Blackmore Park				
Hills	V	UWSH	Yattenden Oval				
<b>Round 18</b>				<b>21<sup>st</sup> August</b>			
Blacktown	V	Hawkesbury Valley	Charlie Bali Reserve				
Brothers	V	Merrylands	TBC				
UWSH	V	Balmain	College Oval				
Epping	V	Petersham	Somerville Oval				
Blue Mountains	V	Hills	Lapstone Oval				

<b>Semi Finals</b>	<b>28<sup>th</sup> August</b>	<b>TBA</b>
<b>Finals</b>	<b>4<sup>th</sup> September</b>	<b>TBA</b>
<b>Grand Finals</b>	<b>11<sup>th</sup> September</b>	<b>TBA</b>

### Division 3:

CLUB	HOME GROUND	ADDRESS
Balmain	Blackmore Park	Canal Rd, Leichhardt
Blacktown	Charlie Bali Reserve	Knox & Eastern Rds, Doonside
Blue Mountains	Lapstone Oval	Explorers Rd, Lapstone
Brothers	Roseville Chase Oval	Cardigan Rd, Roseville Chase
Epping	Somerville Oval	Blaxland Rd, Epping
Hawkesbury Valley	McQuade Park	Tebbutt St, Windsor
Hills	Yattenden Oval	John St, Baulkham Hills
Merrylands	Holroyd Sports Ground	Peel St, Merrylands
Petersham	Camperdown Oval	Mallett St, Camperdown
UWSH	College Oval, UWSH	Enter off Londonderry Rd, Richmond

### 2010 Trials

Trials have been arranged and are set out below:

6 <sup>th</sup> - 7 <sup>th</sup> March 2009	Coonamble Trip
13 <sup>th</sup> March 2009	Season Launch & Rego Day Lapstone Oval
20 <sup>th</sup> March 2009	Rouse Hill / Blacktown – Venue TBA
27 <sup>th</sup> March 2009	UWSH / Bathurst – Hawkesbury UWS Campus

For further Information on the Coonamble Trip Contact Jeff Apps PH 0437 572 017

Details of trials will be available to training closer to the date.

*BLUE MOUNTAINS DISTRICT RUGBY FOOTBALL CLUB*

*P.O. Box 314*

*BLAXLAND NSW 2774*

## **New Rugby Laws**

There have been some substantial changes to the Laws for 2010.

The Game Management Guidelines, which makes clear which ELV's were adopted and which were not can be viewed on the website in Resources Library.

Also, there have been significant changes to the substitution law, and to the uncontested scrum rule. Please refer to the document below.

### **1. NEW RULE - UNCONTESTED SCRUMS**

All teams, with the exception of Halligan Cup, must have five players who can play in the front row to ensure that on the first occasion that a replacement hooker is required, and on the first occasion that a replacement prop forward is required, the team can continue to play safely with contested scrums.

Should a team not be able to meet this obligation for any reason during a game, then at the point in the match when the front row replacement is required, this team must play with one player fewer than would otherwise be allowed.

Should a team not have three suitably trained front row players to commence a game with contested scrums, this team must play with one player fewer than would otherwise be allowed.

If, subsequently, a qualified front rower becomes available (or returns from either blood-bin or temporary suspension) so that scrums can be contested then that player will be allowed onto the field and the team may return to the appropriate complement of players.

If neither team has suitably trained front row players to start a game with contested scrums, the above arrangements do not apply to the game, even if qualified front rowers subsequently become available.

### **2. NEW RULE – ROLLING SUBSTITUTION OF PLAYERS**

A maximum of eight substitutions per team per match will be allowed for all teams.

Substitutions shall include any time one player substitutes another player from the same team, including for injury. Within the allowed eight player substitutions, there is no restriction on the number of times an individual player can be substituted or return to the field.

#### **Exceptions**

##### **(a) Substitution – Blood**

- (i) If a player has a blood injury and is temporarily replaced by another player that does NOT count as a substitution.
- (ii) If the blood player returns to the field of play within fifteen (15) minutes actual time and the temporary replacement leaves the field that does NOT count as a substitution.
- (iii) If the blood player does not return to the field of play within the permitted time, the replacement becomes permanent and that IS a substitution. The blood player is considered injured.
- (iv) Should a team use up its maximum number of substitutions while one of their players has been temporarily replaced for blood, and the blood player cannot return to the field within the permitted time, the temporary replacement will be required to leave the field at the conclusion of the permitted time i.e. the team plays one player short.

##### **(b) Temporary Suspension – Yellow Card**

- (i) When a player is temporarily suspended (yellow card) and leaves the field of play that is NOT a substitution.

##### **(b) Temporary Suspension – Yellow Card – Front Row Player**

- (i) When a scrum is ordered during the temporary suspension of a front-row player (Player A), and as a result a player (Player B) is required to leave the field to allow another front-row player (Player C) to come on, that does NOT count as a substitution.
- (ii) If, at the end of the period of temporary suspension, Player A resumes and Player C leaves the field that does NOT count as a substitution.
- (iii) Player B returning to the field of play is also NOT a substitution.
- (iv) If, however, the team opts to leave Player C on at the end of the temporary suspension period instead of Player A returning, that IS a substitution
- (v) Player B returning to the field of play to substitute another player during the period of temporary suspension IS a substitution.

### **(c) Send Off – Red Card**

(i) When a player is sent from the field of play (red card) that is NOT a substitution.

### **(d) Send Off – Red Card – Front Row Player**

(i) When a scrum is ordered after the sending off of a front-row player (Player A), and as a result a player (Player B) is required to leave the field to allow another front-row player (Player C) to come on, that does NOT count as a substitution.

(ii) Player B returning to the field of play to substitute another player IS a substitution.

Any player substituted due to injury (except temporarily for blood) may not for any reason return to that match or any subsequent matches played on that day. At matches where there is no match doctor available, the Referee remains responsible for establishing if a player is leaving the field of play due to being so injured that it would be unwise for him to continue playing.

After eight substitutions have been made, no other substitutions will be allowed for any reason, except for an injury to a front-row player where a suitably trained front-row replacement is available to ensure the game can continue with contested scrums. In this situation only, an additional substitution may be made.

Any substitute who takes the field of play immediately following the awarding of a penalty kick to his team or after a try has been scored shall not be permitted to kick at goal until after the relevant kick has been taken.

### **Rolling Substitution - Procedural Guidelines**

Sequentially numbered cards (indicating your club name and the numbers 1 – 8) will be provided by the Union to each team in your club.

Each club will then be responsible for providing this set of cards for each match in which its teams compete.

As each substitute takes to the field he shall hand the appropriate substitution card in the correct sequence to the referee. There is no requirement to record or write anything on the substitution card. The correct sequentially numbered card is simply handed over.

The referee shall receive and retain the cards during the match and shall monitor each team's use of its substitutes. The referee is not required to record any information but shall simply retain the submitted cards until after the end of the match. The cards shall not be returned to the appropriate team until the referee is satisfied of the final number of substitutes used by each team.

The teams will be aware of the number of permitted substitutions still remaining from the number of cards they still hold.

Each substitute's name must be written on the result sheet as he takes the field.

### **Sponsors Opportunities for 2010**

As we gear up for 2010 season we are looking for ways to fund the operational side of the club to ensure that we can continue to deliver on all the services we provide to our players and supporters and minimise the cost to players to register and participate in the forthcoming season.

We have already confirmed the following sponsors: Major Sponsor Lapstone Hotel, Retravisio Springwood, Macquarie Towns Conveyancing, Lewis Financial Services Neighbourhood Quality Meats, Harvey World Travel Katoomba

Please contact Maurice Kerkham, Jeff Apps or Damien Smith further details.



### **Great Western Hwy Blaxland**

**The Hotel is open 364 days a year with facilities that include ATM's, wheelchair access and baby change table. The Lapstone Hotel has Eftpos Facilities and accepts Mastercard, Visa, American Express and Diners.**

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